CHECKLIST

*Go over correct access (previously done by the participants) and making sure of straight-line access. Correct if necessary.*

Fill the chamber with Prolube. Secure #10 file until resistance and if possible 1mm past apex.

Record length:

 Canal \_\_\_\_\_\_\_\_ Length\_\_\_\_\_\_\_\_ Canal \_\_\_\_\_\_\_\_ Length\_\_\_\_\_\_\_\_

Canal \_\_\_\_\_\_\_\_ Length\_\_\_\_\_\_\_\_ Canal \_\_\_\_\_\_\_\_ Length\_\_\_\_\_\_\_\_

Obtain radicular access and enlarge with Orifice Opener (Lateral brushing away from furcation on outstroke)

Take rotary glide path file to WL. Reconfirm WL with #15 hand file.

Shape with the WaveOne file. Fill chamber with ProLube. Take 2-4 mm “bites” with WaveOne in lateral brushing motion. Remove file and always irrigate, recapitulate (confirm patency), and re-irrigate. Repeat until WL.

Confirm WL with shape verifiers

Irrigate canal and activate with EndoActivator. Dry Canals with paper points.

Apply sealer with paper points and blot excess sealer.

Obturate with Guttacore carriers matching correct shape verifiers for each canal. Insertion rate is 5-7 seconds per canal.

Remove carrier with sharp spoon excavator